



## AFTER SCHOOL SUPPER WEEKLY MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Turkey & Cheese Deli Sandwich (WGR)	Tortilla Chips (WGR) with Nacho Cheese Dip & String Cheese	Yogurt w/Granola (WGR) & String Cheese	Strawberry EZ Jammer (WGR) w/ String Cheese	Turkey & Cheese Wrap (WGR) w/ Honey Mustard
Fruit	Fruit	Fruit	Fruit	Fruit
Baby Carrots	Baby Carrots	Baby Carrots	Baby Carrots	Baby Carrots
Milk	Milk	Milk	Milk	Milk

\*WGR - WHOLE GRAIN RICH

### SUPPER INCLUDES:

STUDENTS WILL RECEIVE A SUPPER MEAL THAT PROVIDES:

- 1/2 CUP VEGETABLE
- 1/4 CUP FRUIT
- 8OZ MILK - FAT FREE
- CHOCOLATE OR 1% WHITE
- 1OZ WHOLE GRAIN
- 2OZ PROTEIN

\*MENU SUBJECT TO CHANGE WITHOUT NOTICE.

CHILD NUTRITION SERVICES IS AN EQUAL OPPORTUNITY PROVIDER.

